

Tommy Sowers

Tommy Sowers is a 1965 graduate of Martinsburg High. Tommy was an outstanding football player at MHS. He was all sectional fullback both his junior and senior years. Tommy played both sides of the ball and was a member of the CVAL Championship team with a record of 8-1-1.

Tommy continued his football prowess at VMI. He set several records on the gridiron including most carries and most yards gained.

Today Mr. Sowers owns and operates his own construction business.