Training Schedule
Fall 2019-Spring 2020

ACES 101
Sept 25 & Oct 16
Introduction to ACEs, and the effects of toxic stress on the body and brain.

Frameworks that Foster Resilience
Oct 8 & Nov 12
Best practices and interventions for fostering resilience in students.

Secondary Traumatic Stress
Oct 15 & Nov 19
The effects of ACEs on students and tip for self-care.

NHA
Session 1
Dec 10 & Dec 11
Introduction to a relationship-focused methodology for teaching students.

Trauma Sensitive Classroom 101
Nov 20 & Jan 22
What behaviors does a traumatized child typically present in the classroom.

All classes will be located at The Ramer Center, 515 W Martin St. Martinsburg, 4-6 pm.
Register: mylearningplan.com  Questions? hannah.badley@k12.wv.us

NHA
Session 2
Jan 15 & Jan 21
Strategies to build a positive, relationship based classroom.

NHA
Session 3
Feb 12 & Feb 18
Discussion about NHA resources and available strategies.

Trauma Sensitive Classroom 102
Feb 19 & Mar 11
Strategies to foster trauma-sensitive environments in school.

Trauma Informed De-escalation
Feb 26 & Mar 10
Ways to mitigate the escalation of disruptive behaviors in the classroom.

Students in Foster Care
Mar 17 & Mar 24
Strategies for supporting students in or transitioning through foster care.

Yoga in the Classroom
Mar 18 & Mar 31
Yoga techniques for teachers to build self-confidence and mindfulness in students.

Registration opens September 5th. Priority registration given to BCS employees. Participation limited to first 25 registered via MLP. **Stipends** for attendance will be based upon completion of full training sequence *AND* observation portion.

For more information about scheduling or the new stipend policy please visit:
https://www.berkeleycountyschools.org/martinsburginitiative
Training Sequence
Fall 2019-Spring 2020

Class Location:
Ramer Center, 515 W Martin St, Martinsburg,
4:00-6:00 pm

Steps to Certification
- Register for trainings on MyLearningplan.com
- Complete all three core trainings
- Choose and complete pathway 1 OR pathway 2
- Take both completer trainings
- Schedule observation in Spring 2020

Already taken a few classes?
Contact hannah.badley@k12.wv.us
to map out your personalized training plan

Registration Opens
Sept. 5
2019

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